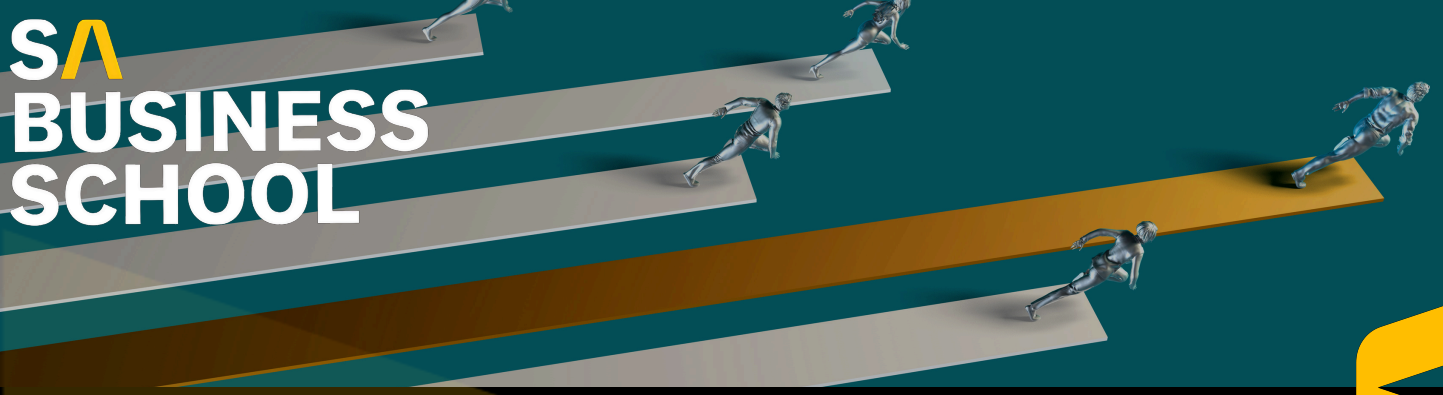
SA BUSINESS SCHOOL



EMPOWERING LEADERS
COURSE OUTLINE

A TAILORED PROGRAM FOR EMOTIONAL INTELLIGENCE, LEADERSHIP, AND COMMUNICATION EXCELLENCE

Duration : 10 Days

Credits: 50

Delivery Method
Online Learning, Blended Learning and instructor-led learning

EMPOWERING LEADERS

OVERVIEW

"The "Empowering Leaders: A Tailored Program for Emotional Intelligence, Leadership, and Communication Excellence" equips professionals with tools to excel in emotional regulation, resilience, interpersonal effectiveness, and effective communication, enhancing team management and organizational goals.

Emotional Intelligence - (252027)

- Liaising and networking with internal and external stakeholders.
- Devising and applying a strategy to establish constructive relationships with team members in a unit.
- Devising and applying a strategy to establish constructive relationships with managers.
- Identifying and minimising personal conflict in the workplace.

Leadership (242824)

- Explaining the concept of leadership.
- Differentiating between the concepts of leadership and management.
- Applying leadership techniques to individuals and teams within the work context.
- Evaluating the impact of leadership techniques applied.

Interpersonal Skills - (114215)

- Explaining the concept of mentoring.
- Describing the characteristics of a good mentor.
- Explaining the importance of knowledge in mentoring.
- Applying the skills and techniques required of a mentor.

EMPOWERING LEADERS

Managing a Team - (252037)

- Demonstrating knowledge of and insight into the theory of teams and the importance of teams in workplace activities.
- Applying the theory of teams to team dynamics.
- Explaining the process of building teams.
- Analysing the role of team leader in promoting team effectiveness.
- Evaluating the effectiveness of a team and propose ways to improve team effectiveness.

Stress & Time Management - (242811)

- Creating, implementing and maintaining a personal and team task list.
- Using and maintaining a diary.
- Prioritising personal and team tasks.
- Implementing and maintaining a task list.

Communication Skills - (12433 / 12153)

1.Assertive Communication: (8 Credits)

- Principles of assertiveness and self-expression.
- Techniques for navigating conflicts and difficult conversations.
- Role-playing scenarios to practice assertive communication.

2.Business Communication: (5 Credits)

- Fundamentals of professional communication across different platforms.
- Skills for crafting clear, concise reports and proposals.
- Tailoring communication styles to diverse audiences.